

H1N1 FLU MIST VACCINATION CLINICS

3 p.m. to 7 p.m. Wednesday, Nov. 4th, at Millett Assembly Hall

3 p.m. to 7 p.m. Thursday, Nov. 5th, at Goggin Ice Center

Miami University's Student Health Service has received its first shipment of flu vaccine in the form of Flu Mist, a nasal spray. It will be available at the above clinic times and places to Miami University students

What exactly is Flu Mist? Flu mist is a nasal spray vaccine made with live, weakened flu viruses that do not cause the flu.

Who is eligible for the vaccine? All healthy Miami students between the ages of 17 and 24.

I have asthma, should I get this vaccine? No. Anyone who has a chronic illness, such as asthma, diabetes or sickle cell anemia or a lower immune response needs to receive the H1N1 flu *injection*, which we have not yet received.

I want the vaccine, what do I need to do? Just bring your student ID to either Millett or Goggin at the date and time listed above.

Do I pay for the vaccine? We will bill your bursar bill \$10 for the vaccination. You do not need to bring money or a credit card, only your student ID.

Why should I get vaccinated? To protect yourself and to reduce the risk of spreading the illness to other students who may be at risk of developing more serious illness.

Do I need the vaccine if I already had the flu? Yes, even if you had a flu-like illness, the CDC and the Student Health Service recommend that you get the flu vaccine to help your body develop antibodies against this new virus.

Will I get sick from the vaccine? Some adults have reported runny noses or nasal congestion, cough, chills, tiredness/weakness, sore throat and headache. These side effects are mild and short-lasting, especially when compared to symptoms of influenza infection.

I just finished taking Tamiflu, can I get this vaccine? You will need to wait until 48 hours after the last dose of the influenza antiviral medication was given to get your vaccine.

What if I miss the vaccine clinic and I want the vaccine? If we have vaccine after we do the clinics, you may call the Student Health Service at 513-529-3000 to make an appointment for a vaccination.

What if I have more questions? Call the Student Health Service at 513.529.3000.