

HAWKS Peer Health Educators

Health Advocates for Wellness Knowledge and Skills

What is Peer Education?

Peer Education is students learning from other students. The goal is to help students develop the tools needed for making informed choices, achieving and maintaining a healthy lifestyle, and functioning more effectively with others and in groups.

Who are Peer Health Educators?

HAWKS Peer Health Educators are students who combine their specialized training in Health Education and Wellness with a desire to make a difference on campus. HAWKS Peer Health Educators are responsible, enthusiastic, dedicated student leaders and they provide workshops, facilitate discussions, and sponsor campus events.

To apply for a position:

Submit an **application** by Friday, February 2, 2009 (either hard copy to the Office of Health Education, 102 Health Service Center or e-mail an electronic completed copy to mcneillh@muohio.edu). If you'd like to stop in sometime and talk with one of the current HAWKS Peer Health Educators, you'd be welcome to do so.

- **Group Process interviews** are held on Sunday, February 8, 2009 at 2:00p.m at Miami's Health Center.
- **Individual interviews** are held from February 9th through February 20th, 2009. You will schedule your individual interview on Sunday, February 8th, so please bring your planner to the group interview.
- **An interview with the advisor/supervisor and team leaders** may be scheduled February 19-25.
- You will be informed of your employment status by February 28, 2009.
- **If hired, staff training will be on Wednesdays from 4:00 to 5:40 p.m. from March 4th to April 29th.** This is for all new staff and is available for 1 hour of academic credit as EDL 310.
- **Staff Retreat for the 2009-2010 staff will be Friday, March 27, 4:00p.m.** We will be staying at the WRA cabin. All meals and transportation is provided. Participation is required for all 2009-2010 staff which includes new staff and current staff who are returning.
- **Optional attendance at BACCHUS Regional Conference (March 20-21, 2009)**
-Note: BACCHUS is an organization that actively promotes healthy and safe lifestyle choices to students and young adults. See www.bacchusgamma.org for more information.

Mission Statement for Peer Health Educators

As Peer Health Educators, our mission is to actively ENGAGE students to consider important issues related to their health and wellness by presenting factual, relevant information that encourages them to honestly, realistically, and thoroughly reflect on the decisions and choices they make. As peers who care about the health and well being of others in the community, we strive to educate students using three guiding principles: 1) Respect for each person's inherent FREEDOM to choose and make decisions for themselves; 2) Present INFORMATION that is factual and relevant, and influences students to think critically about their choices; 3) Through discussion and dialogue, encourage students to honestly, realistically, and thoroughly REFLECT on their values/ beliefs, determine behaviors that will protect what they value, and choose actions that are an accurate reflection of their values.

Contact us!

Stop in: 102 Health Service Center

Call up: 529-8544

Log on: peerhealth@muohio.edu

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