

## DEPARTMENT OF KINESIOLOGY & HEALTH (KNH)



Updated 5-20-09

### Sport Studies

The Sport Studies major leads to a Bachelor of Science degree in Kinesiology and Health. This major allows students who have a keen interest in sport to study it from psychological, sociological, and historical perspectives. Consistent with the Miami Plan for Liberal Education, required courses in the Sport Studies major do not just take a descriptive or prescriptive approach. Rather, these courses provide students with opportunities to think critically about sport and leisure in the broader context of U.S. society and a global economy, as well as in individual lives. Students can expect to engage with a variety of perspectives, some of which may challenge their long-standing beliefs about sport, culture, and the human body.

The Sport Studies major provides students with a multidisciplinary perspective on sport that is obtained through the KNH Core and Sport Studies major requirements. The major's curriculum allows students to pursue a double major and/or minor in Business (e.g. Marketing, Management, Entrepreneurship), Psychology, Journalism, or other area. This program also serves as an excellent foundation for students who wish to pursue advanced degrees (M.S. or Ph.D.) in Sport Marketing, American Studies, Cultural Studies, Sport Psychology, or Sport Sociology. In addition, the coursework in Sport Studies can also be used as a foundation for other advanced degrees (e.g., Law).

### CAREER OPPORTUNITIES

The Sport Studies major is attractive for students who wish to work in the fields of sport management, sport marketing or sport communications in recreational sport, school-based sport programs, and professional sport settings. Majors may find it advantageous to combine the Sport Studies degree with minors, thematic sequences, or elective coursework in other programs. For example, students who desire to work in sport business may choose to combine the Sport Studies major with one of the minors in business (e.g., marketing or entrepreneurship). Others may want to consider merging the Sport Studies major with coursework in journalism or communication. Within the KNH Department, students may also combine the Sport Studies major with Health Studies courses to prepare for work in private non-profit programs like YMCAs, public recreation departments, or university recreation centers. Another possibility is to combine the Sports Studies major with a coaching minor (available in the KNH Department) in order to obtain the competencies needed to coach at the youth, interscholastic, and/or intercollegiate levels.

## **ADMISSION REQUIREMENTS FOR SPORT STUDIES**

Students who are interested in the Sport Studies major must first enroll in the Department of Kinesiology & Health (KNH) as a Sport Studies pre-major. Students are eligible to apply to become a Sport Studies major after fulfilling the following requirements:

- a. Enroll as a Sport Studies pre-major
- b. Complete 24 credit hours
- c. Complete 12 credit hours in the Miami Plan (**included in the 24 credit hours from b.**)
- d. Complete the following set of Sport Studies pre-major courses (see *Note* below):
  - (1) KNH 188
  - (2) KNH 274 **OR** KNH 276
  - (3) PSY111\* **OR** SOC 151 **OR** AMS 205 (\*EDP101 may **NOT** substitute for PSY 111)
- e. Achieve a 2.5 GPA in:
  - (1) the best 12 hours of the first 24 hours from the Miami Plan (**as indicated in (c) above**) and (2) the set of pre-major courses identified in (d) above.
- f. Register for, take, and adequately perform on the Critical Thinking Essay (CTE)\*\*

*NOTE: Transfer credits from other universities for Sport Studies pre-major courses (specified in d above) will not be accepted. You need to see your KNH academic advisor to discuss your options.*

\*\*Upon completion of the course requirements listed above (b, c, d & e), students are eligible to take the Critical Thinking Essay (CTE). Register for the CTE in the KNH Main Office. The CTE is given 3 times a year: November, April, and July. Each semester the date & time of the CTE are posted to the KNH Student link on Blackboard; you **MUST** register by the posted deadline to be eligible to take the CTE. Download the Sport Studies Application from the KNH Student link on Blackboard. Complete the Application and submit it at the time you take the CTE. If you have transfer credits in the 24 credit hours and 12 credit hours of Miami Plan (b & c above), an unofficial copy of your transcript from the university at which you took the transfer hours is required (attach it to your Application). There is a target enrollment for each major. Acceptance to the program is very competitive. Completion of the above items (required hours and courses, student's GPA, and performance on Critical Thinking Essay) does not guarantee admission to the program. Students will be notified via their Miami e-mail address.

**YOUR KNH ACADEMIC ADVISOR is listed in your STUDENT TAB in *MyMiami*. Meet with your advisor regularly and always bring a current copy of your DARS.**

### **Sources of Additional Information**

Department of Kinesiology & Health  
106 Phillips Hall / 513-529-2700

**KNH Homepage:** <http://www.muohio.edu/knh>

Office of Career Services  
241 Hoyt Hall / 513-529-3831

Miami Plan for Liberal Education (Sport Studies)

Foundation	Course #	Hours	Course Title
IA	ENG 111	3	College Composition
IB	ENG 112	3	Composition & Literature
IIA	Fine Arts	3	Choice
IIB	Humanities	3	Choice
IIC	KNH 188 <b>or</b> KNH 276	3	Exercise and Health <b>or</b> The Meaning of Leisure
II A, B, or C	KNH 242 <b>or</b> KNH 276 <b>or</b> KNH 279 <b>or</b> KNH 292	3	Select from courses in your major program marked II A, B, or C below
IIIA	U.S. Cultures	3	Choice
IIIB	World Culture	3	Choice
IV A	ZOO 161	4	Principles of Human Physiology (prerequisite for several courses in the major)
IV B	Physical Science	3	Choice
IV A or B	Natural Sciences	2-3	Choice
V	Mathematics, Formal Reasoning, Technology	3	Choice
Thematic Sequence	Choice	9	Choice
Senior Capstone	KNH 402 (Recommended)	3	Critical Reflections on Practices in Health and Physical Culture

Note: Remember historical (H) perspective requirements of the Miami Plan.

**Program Requirements – KNH Core:**

KNH 102 Fundamentals of Nutrition (3)

KNH 184 + 184.L Motor Skill Learning and Performance + Lab (3, 1)

KNH 188 Exercise and Health (3) (MPF IIC) **or**

KNH 242 Personal Health (3) (MPF IIC) **or**

KNH 245 Personal Health and Pedagogy for Early Childhood Teachers (3)

KNH 276 The Meaning of Leisure (3) (MPF IIC) (H) **or**

KNH 274 Critical Perspectives on the Body (3)

**Sport Studies Major Requirements:**

ZOO 161 Principles of Human Physiology (4) (MPF IVA)

KNH 244 Functional Anatomy (3)

KNH 244.L Functional Anatomy Lab (1)

KNH 274 Critical Perspectives on the Body (3)

KNH 276 The Meaning of Leisure (3) (MPF IIC) (H)

KNH 375 Psychological Perspectives on Sport & Exercise (3)

KNH 378 Sport & Social Status (3)

KNH 381 Biodynamics of Human Performance (3)

KNH 381.L Biodynamics of Human Performance Lab (1)

KNH 473 Children and Youth in Sport (3)

**AND...**

**Choose four (4) of the following** (only one *Sport Studies* 453 may be used to fulfill this requirement):

KNH 279 African Americans in Sport (3) (MPF IIC) (H)

KNH 292 Dance, Culture and Contexts (3) (MPF IIB) (H)

KNH 453 Seminar; Sport Studies (3) (consult with your advisor about *Sport Studies*' 453s)

KNH 471 Sport, Leisure and Aging (4)

KNH 472 Sport in Schools and Colleges (4)

KNH 474 Sport and Modernization (4)

KNH 475 Women, Gender Relations and Sport (3)

**Program Electives:** With duplication of Miami Plan, KNH Core, and Sport Studies Major course requirements, students may have as many as 22 elective hours available. This is so that the Sport Studies major may be complemented with internships, independent studies, and/or minors from KNH or other departments. Suggested minors include the following: Entrepreneurship (18 hrs.), Management (22 hrs.), Marketing (19-22 hrs.), Coaching (23 hrs.), Sociology (18 hrs.), & Women's Studies (18 hrs.).

# SAMPLE FOUR-YEAR PLAN FOR PRE-MAJORS & MAJORS IN SPORT STUDIES

## COURSES RECOMMENDED FOR YEAR ONE (16-17 credits per semester)

ENG 111 (College Composition & Literature) (MPF I)	3 hours
ENG 112 (College Composition & Literature) (MPF I)	3 hours
KNH 188 (Exercise & Health) (MPF IIC)	3 hours
Fine Arts (MPF IIA)	3 hours
KNH 274 (Critical Perspectives On the Body)	3 hours
<b>OR</b> KNH 276 (The Meaning of Leisure) (MPF IIC)	
PSY 111 <b>OR</b> SOC 151 <b>OR</b> AMS 205 (MPF II B or C)	3-4 hours
Humanities (MPF IIB)	3-4 hours
U.S. Cultures or World Cultures (MPF III A or B)	4 hours
ZOO 161 (Human Physiology) (MPF IVA)	4 hours

## COURSES RECOMMENDED FOR YEAR TWO (16-17 credits per semester)

KNH 102 (Fundamentals of Nutrition)	3 hours
KNH 184/184.L (Motor Skills Learning & Lab)	4 hours
KNH 274 (Critical Perspectives On the Body)	3 hours
<b>OR</b> KNH 276 (The Meaning of Leisure) (MPF IIC)	
KNH 279 (African Americans in Sport) (MPF IIC)	3 hours
Math/Technology (MPF V)	3 hours
KNH 244/244.L (Functional Anatomy & Lab)	4 hours
KNH 292 (Dance, Culture, and Contexts) (MPF IIB)	3 hours
Physical Science (MPF IVB)	3 hours
U.S. Cultures or World Cultures (MPF III A or B)	3 hours
Minor or Thematic Sequence course(s)	3+ hours

## COURSES RECOMMENDED FOR YEAR THREE

KNH 375 (Psychological Perspectives on Sport & Exercise)	3 hours
KNH 381/381.L (Biodynamics of Human Performance & Lab)	4 hours
KNH 378 (Sport and Social Status)	3 hours
KNH 453 (Seminar: Sport Studies)	3 hours
KNH 472 (Sport in Schools & Colleges)	4 hours
KNH 473 (Children & Youth in Sport)	3 hours
KNH 474 (Sport & Modernization)	4 hours
KNH 420.C (Sport Studies Internships)	1-4 hours
Natural Sciences (MPF IV A or B)	2-3 hours
Minor, Thematic Sequence, or elective courses	3+ hours

## COURSES RECOMMENDED FOR YEAR FOUR

KNH 402 (Critical Reflections on Practice) (MPC) OR other Capstone	3 hours
Minor, Thematic Sequence, or elective courses	10+ hours
KNH 471 (Sport, Leisure, & Aging)	4 hours
KNH 475 (Women, Gender Relations, & Sport)	3 hours
KNH 420.C (Sport Studies Internships)	1-4 hours

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