

DEPARTMENT OF KINESIOLOGY & HEALTH
(KNH)



Updated 5-19-09

Physical Education

A Physical Education major leads to a Bachelor of Science in Education degree. Upon completion of this course of study and passing a licensure examination, students will be licensed to teach Physical Education in grades PreK-12. The Physical Education program requires students to participate in several field experiences throughout their first three years. Student teaching (KNH 419P) requires full-day off campus placement at area schools for the entire semester. While our content is integrated with health education, students who wish to teach Health Education must also complete the Health Education Teacher Licensure program and student teach in Health. We strongly encourage students to pursue a double major with Health Education or minor in Special Education.

INTERESTS

Students should have a particular interest in working with children and youth in the areas of movement and fitness development. Individuals who choose physical education will complete a sequence of courses that focus on teaching and learning, human growth and development, health-related fitness, physical activity, and lifetime activities. During some of these courses, students will have the opportunity to apply their knowledge and skills in a number of field experiences in suburban, rural, and urban settings. The degree culminates with a semester of full-time student teaching.

CAREER OPPORTUNITIES

In addition to teaching Physical Education in schools, many students have used their degrees to enter careers in organizations and agencies where teaching, coaching and programming careers exist. This degree may also be used as appropriate preparation for graduate study at many universities.

Sources of Additional Information

OXFORD CAMPUS: Physical Education Program Leader Department of Kinesiology & Health 106 Phillips Hall 513-529-2700		Office of Career Services 241 Hoyt Hall Oxford, OH 45056 513-529-3831 careerservices@muohio.edu Career Resource Center
KNH Homepage: http://www.muohio.edu/knh		
HAMILTON CAMPUS: Office of Academic Advising & Retention Services 107 Rentschler Hall 513-785-3129 KNH: Dr. Richard Wetzel 558 Mosler Hall 513-785-3258 wetzelrd@muohio.edu	MIDDLETOWN CAMPUS: Office of Student Services Room 1 Johnston Hall 513-727-3440 KNH: Dr. Garry Bowyer 205 Thesken Hall 513-727-3249 bowyerg@muohio.edu	Student Counseling Services 195 Health Services Center Oxford, OH 45056 513-529-4634 Hamilton: 785-3221 / Middletown: 727-3431 Career Counseling Career Resource Library

INSTITUTIONAL STANDARDS:

The School of Education, Health and Society is a community of collaborative practitioners who endeavor to prepare “caring, competent, and transformative educators” by infusing skills, knowledge, and dispositions at the highest level. According to the guidelines by the National Council for Accreditation of Teacher Education (NCATE), graduates will:

- Institutional Standard I: Be well-grounded in general studies;
- Institutional Standard II: Appreciate and understand diverse learners, mentors, peers, and the learning processes;
- Institutional Standard III: Demonstrate sensitivities to learning contexts and environments;
- Institutional Standard IV: Engage in planning, implementation, and evaluation of varied instructional strategies; and
- Institutional Standard V: Demonstrate professional commitments and dispositions.

ADMISSION REQUIREMENTS FOR PHYSICAL EDUCATION

Students must enroll in the Department of Kinesiology & Health to take courses as pre-majors. Students are eligible to apply to become a major after fulfilling the following requirements:

- a. Enroll as a Physical Education pre-major**
- b. Complete 24 credit hours**
- c. Complete 12 credit hours in the Miami Plan**
- d. Complete KNH 190, KNH 246, & ZOO 161 with a grade of “C” or higher**
- e. Achieve an overall GPA of 2.5**
- f. Complete and successfully pass background check for felony conviction**

Upon completion of the above requirements and after all grades have been posted to your DARS; download the Physical Education Application from the KNH Student link on Blackboard to change your status from pre-major to major. Complete the form, attach your DARS, and submit them to the Undergraduate Secretary, 106-D Phillips Hall. Students will be notified of their acceptance via their Miami e-mail address.

YOUR KNH ACADEMIC ADVISOR will be listed in your STUDENT TAB in *MyMiami*. Meet with your advisor regularly and always bring a current copy of your DARS.

Miami Plan for Liberal Education Physical Education

Foundation	Course Number	Credit Hours	Course Title
IA	ENG 111	3	College Composition
IB	ENG 112	3	College Composition & Literature
IIA	Fine Arts	3	Choice
IIB	EDL 204	3	Socio-cultural Foundations in Education
IIC	EDP 201	3	Human Development & Learning
IIA, B, or C	KNH 188	4	Exercise and Health
IIIA	U.S. Cultures	3	Choice
IIIB	World Cultures	3	Choice
IVA	ZOO 161	4	Human Physiology (lab included)
IVA or B	Biological or Physical Science	3	Choice
IVB	Physical Science	3-5	Choice
V	Math	3	Choice
Thematic Sequence	Choice	9	Choice
Senior Capstone	KNH 402 (Recommended)	3	Critical Reflection on Practices in Health and Physical Culture

NOTE: Remember historical (H) and non-dominant (ND) perspective requirements of the Miami Plan.

KNH DEPARTMENTAL CORE

KNH 102 Fundamentals of Nutrition (3)
 KNH 184 Motor Learning & Performance (3)
 KNH 184.L Motor Learning & Performance Lab (1)

KNH 188 Exercise and Health (3)
 -or- KNH 245 Personal Health & Pedagogy for
 Early Childhood Teachers (3)
 -or- KNH 242 Personal Health (3)

KNH 276 The Meaning of Leisure (3), MP IIC, H
 -or- KNH 274 Critical Perspectives on the Body (3)

KNH CONTENT FOR PHYSICAL EDUCATION

ZOO 161 Human Physiology, MP IVA, Lab (4)
 KNH 244 Functional Anatomy (3)
 KNH 244.L Functional Anatomy Lab (1)
 KNH 293 Fitness and Conditioning (3)
 KNH 294 Games and Sport (3)
 KNH 297 Children's Exercise and Fitness (3)
 KNH 381 Biodynamics/Human Performance (3)
 KNH 381.L Biodynamics/Human Performance Lab (1)
 KNH 392 Lifetime and Adventure Activities (3)
 KNH 393 Educational Gymnastics and Dance (3)
 KNH 473 Children and Youth in Sport (3)

KNH PROFESSIONAL CONTENT

KNH 190 Professional Perspectives in Health and Physical Education (2)
 KNH 246 Elementary Physical Education (3)
 KNH 247 Pedagogy Foundations in Health and Physical Education (3)
 KNH 348 Physical Education Curriculum and Pedagogy (4)
 KNH 348.F Field Experience (concurrent with KNH 348) (3)
 KNH 367 Adapted Physical Education (2)
 KNH 419P Intern Teaching in Physical Education (12)

PHYSICAL EDUCATION TEACHER LICENSURE (PreK-12) INCLUDING EHS DIVISIONAL CORE

EDL 204 Socio-cultural Foundations in Education (3), MP IIB
 EDL 318 Leadership in Education (3)
 EDP 201 Human Development & Learning in Social & Educational Contexts (3), MP IIC
 EDP 221 Technology in Education (on-line course) (1)
 EDP 222 Technology in Education Lab (2)
 EDP 256 Psy / Learners With Exception (3)
 EDP 301 Assessment and Evaluation in Educational Settings (3)

Sample Four-Year Plan for Physical Education Licensure (PreK-12)

FIRST YEAR		
COURSE	MIAMI PLAN	CREDIT HRS (30)
KNH 102 Fundamentals of Nutrition		3
KNH 188 Exercise & Health	MPF II C	3
KNH 190 Professional Perspectives (FALL COURSE)		2
KNH 246 Elementary Physical Education (SPRING COURSE)		3
EDL 204 Socio-cultural Foundations in Education	MPF IIB	3
ENG 111 College Composition (FALL COURSE)	MPF I	3
ENG 112 Composition & Literature (SPRING COURSE)	MPF I	3
ZOO 161 Human Physiology	MPF IV A	4
Miami Plan Choice - Fine Arts	MPF	3
EDP 221 Technology in Education		1
EDP 222 Technology in Education Lab		2
SECOND YEAR		
COURSE	MIAMI PLAN	CREDIT HRS (33)
KNH 184 & 184.L Motor Skill Learning		4
KNH 244 & 244.L Functional Anatomy / Lab		4
KNH 381 & 381.L Biodynamics / Lab		4
KNH 293 Fitness and Conditioning (SPRING COURSE)		3
KNH 294 Games & Sport (FALL COURSE)		3
KNH 392 Lifetime and Adventure Activities (FALL COURSE)		3
KNH 393 Educational Dance & Gym. (SPRING COURSE)		3
EDP 201 Human Development & Learning in Social & Ed. Contexts Thematic Sequence – 1 & 2	MPF II C MPT	3 6
THIRD YEAR		
COURSE	MIAMI PLAN	CREDIT HRS (33)
KNH 247 Pedagogy Foundations (FALL COURSE)		3
KNH 297 Children's Fitness and Exercise		3
KNH 348 Curriculum & Pedagogy (SPRING COURSE)		4
KNH 348.F Field Experience (SPRING COURSE)		3
KNH 367 Adapted Physical Education (FALL COURSE)		2
EDL 318 Leadership in Education		3
EDP 301 Assessment & Evaluation		3
EDP 256 Psy / Learners With Exception		3
Thematic Sequence - 3	MPT	3
Miami Plan Choice - U.S. Cultures	MPF	3
Miami Plan Choice - Math	MBF	3
FOURTH YEAR		
COURSE	MIAMI PLAN	CREDIT HRS (29)
KNH 274 Critical Perspectives of the Body		3
KNH 419P Intern Teaching in PE (Fall or Spring of Fourth Year)		12
KNH 473 Children/Youth in Sport		3
KNH 402 MP Senior Capstone	MPC	3
Miami Plan Choice - World Cultures	MPF	3
Miami Plan Choice - Science	MPF	5