

DEPARTMENT OF KINESIOLOGY & HEALTH (KNH)

Updated 5-21-09

Health Education

The Health Education major leads to a Bachelor of Science Degree in Health Education. Successful completion of the degree and licensure requirements will result in an Ohio Teaching Licensure in Health Education, pre-kindergarten to grade 12.

INTERESTS

Health education is a learning process which enables people, as individuals and as members of society, to voluntarily make decisions, modify behaviors, and change social structures in ways that are health enhancing (Joint Committee on Health Education Terminology, 1990). Students pursuing a teacher licensure in health education will specialize in child and adolescent health. Coursework in this major includes health-related content; educational theory in curriculum, instruction, and assessment; pedagogy; and technology. Practical field experiences and intern teaching occur during the program in suburban, rural, and urban schools.

CAREER OPPORTUNITIES

Graduates of this licensure program may teach health education in schools, preK-12. Because schools are linked to communities, health educators may be hired to do school-community coordinating work for children and youth before, during, and after school in collaboration with other health and education professionals. Some graduates have entered careers in community health organizations, work site wellness programs, and/or clinical health promotion settings. This degree also serves as a foundation for graduate study at many universities.

SOURCES OF CAREER INFORMATION

Valerie A. Ubbes, PhD, CHES Health Education Program Leader Kinesiology and Health 204-D Phillips Hall 513-529-2736 Oxford, OH 45056 ubbesva@muohio.edu http://www.muohio.edu/knh		Office of Career Services 241 Hoyt Hall Oxford, OH 45056 513-529-3831 careerservices@muohio.edu Career Resource Center
HAMILTON CAMPUS: Office of Academic Advising & Retention Services 107 Rentschler Hall 513-785-3129 KNH: Dr. Richard Wetzel 558 Mosler Hall 513-785-3258 wetzelrd@muohio.edu	MIDDLETOWN CAMPUS: Office of Student Services Room 1 Johnston Hall 513-727-3440 KNH: Dr. Garry Bowyer 205 Thesken Hall 513-727-3249 bowyerg@muohio.edu	Student Counseling Services 195 Health Services Center Oxford, OH 45056 513-529-4634 Hamilton: 785-3221 / Middletown: 727-3431 Career Counseling Career Resource Library

HEALTH EDUCATION FRAMEWORKS

Program requirements in the Health Education program are aligned to two frameworks from the disciplines of education and health which are explained below:

Education

The School of Education, Health and Society is a community of collaborative practitioners who endeavor to prepare "caring, competent, and transformative educators" by infusing skills, knowledge, and dispositions at the highest level. According to the guidelines by the National Council for Accreditation of Teacher Education (NCATE), graduates will:

- ❑ Institutional Standard I: Be well grounded in general studies;
- ❑ Institutional Standard II: Appreciate and understand diverse learners, mentors, peers, and the learning process;
- ❑ Institutional Standard III: Demonstrate sensitivities to learning contexts and environments;
- ❑ Institutional Standard IV: Engage in planning, implementation, and evaluation of varied instructional strategies; and
- ❑ Institutional Standard V: Demonstrate professional commitments and dispositions.

Health

According to the National Health Education Credentialing, Inc., a health educator is able to:

- Responsibility I - Assess individual and community needs for health education
- Responsibility II - Plan effective health education programs
- Responsibility III - Implement health education programs
- Responsibility IV - Evaluate the effectiveness of health education programs
- Responsibility V - Coordinate health education services;
- Responsibility VI - Act as a resource person
- Responsibility VII - Communicate health education needs, concerns, and resources

ADMISSION REQUIREMENTS FOR HEALTH EDUCATION

Students must enroll in the Department of Kinesiology & Health to take courses as a pre-major. Students are eligible to apply to become a major after fulfilling the following requirements:

- a. Enroll as a Health Education pre-major
- b. Complete 24 credit hours
- c. Complete 12 hours in the Miami Plan (included in the 24)
- d. Complete KNH 102, KNH 188, KNH 242
- e. Achieve a cumulative GPA of 2.5*

Upon completion of the above requirements and after all grades have been posted to your DARS; download the Health Promotion Application from the KNH Student link on Blackboard to change your status from pre-major to major. Complete the form, attach your DARS, and submit to the Undergraduate Secretary, 106-D Phillips Hall. Students will be notified of their acceptance via their Miami e-mail address.

*Please note that a 2.50 GPA (cumulative and in the major) is required for admission, retention, and graduation in health education.

Health Education Program Requirements

I. Coursework in Miami Plan for Liberal Education (48 hours)

Foundation	Miami Plan Category	Hours	Course Title
I	English Composition	6	ENG 111 and ENG 112 Composition & Literature
IIA	Fine Arts	3	Choice
IIB	Humanities	3	EDL 204 Sociocultural Studies in Education
IIC	Social Science	6	KNH 188 Exercise & Health or KNH 206 AIDS: Etiology, Prevalence, Prevention; or KNH 242 Personal Health; or KNH 276 The Meaning of Leisure; or EDP 201 Human Learning & Development
IIIA	U.S. Cultures	3	Choice
IIIB	World Cultures	3	Choice
IVA	Biological Science	6	ZOO 161 Human Physiology; MBI 131 Community Health Perspectives
IVB	Physical Science	3	Choice
V	Mathematics, Formal Reasoning, Technology	3	Choice
Thematic Sequence	Choice	9	Choice
Senior Capstone	Choice	3	Choice

Note: Remember historical (H) and non-dominant (ND) perspective requirements of the Miami Plan.

II. KNH Departmental Core:

- KNH 102 Fundamentals of Nutrition (3)
- KNH 184 Motor Skill Learning and Performance (3)
- KNH 184.L Motor Skill Learning and Performance Laboratory (1)
- KNH 188 Exercise and Health (3), (MP II C) **or**
- KNH 242 Personal Health (3) (MP II C) **or**
- KNH 245 Personal Health and Pedagogy for Early Childhood Teachers (3)
- KNH 276 The Meaning of Leisure (3) (MP IIIA, H, ND) **or**
- KNH 274 Critical Perspectives on the Body (3)

III. Health Studies Core – Take All:

- ZOO 161 Human Physiology (4) (MP IVA)
- MBI 131 Community Health Perspectives (2) (MP IVA)
- SOC 221 Human Sexuality (3)
- SOC 357 Medical Sociology (3)
- KNH 188 Exercise and Health (3) (MP II C)
- KNH 205 Drugs: A Health Perspective (3)
- KNH 206 AIDS: Etiology, Prevalence and Prevention (3) (MP II C)
- KNH 242 Personal Health (3) (MP II C)
- KNH 362 Health Education Pedagogy (4)* (Prerequisite: KNH 242 or KNH 245 & junior standing)
- KNH 462 Health Program Planning and Evaluation (3)
- Health-Related Electives (7)

IV. Developmental Focus: Child & Adolescent Health:

Take these three:

- KNH 190 Professional Perspectives in Health and Physical Education (2)*
- KNH 245 Personal Health & Pedagogy for Early Childhood Teachers (3)*
- KNH 415 Wellness Perspectives for Adolescents (3)*

Take two of the following:

- FSW 207 Serving and Supporting Children, Youth, & Families I (4)
- FSW 208 Serving and Supporting Children, Youth, & Families II (5)
- KNH 232 Health Issues of Children and Youth (2)
- KNH 408 Perinatal and Childhood Nutrition (3)

*Health Education majors are required to take these courses in sequential order: KNH 190, 245, 362, 415

V. Health Education Teacher Licensure Core:

- EDL 204 Sociocultural Studies in Education (3) (MPIIB)
- EDL 318 Leadership in Education (3)
- EDP 201 Human Development & Learning in Social and Educational Contexts (3) (MP IIC)
- EDP 221 Technology and Education (1)
- EDP 222 Technology and Education Lab (2) (taken concurrently with EDP 221)
- EDP 301 Assessment and Evaluation in Educational Settings (3)
- EDP 352 Inclusion for Children and Youth with Exceptionalities (2)
- KNH 419A Intern Teaching in Health Education (12)

Graduation & Licensure

1. Register to take the Praxis II Examinations
Contact your department advisor for program requirements as to when to take the test.

- Register on line at <http://www.ets.org/praxis>
- Principles of Learning and Teaching
Register for the appropriate test for your licensure level.
- Content Area Test
Register for appropriate test for your licensure area.
i.e. Early Childhood Education, Math Education, Physical Education etc.

Note: Praxis requirements are subject to change by the action of the Ohio Department of Education

2. Fingerprints
Current fingerprints completed within the past year need to be on file with the Ohio Department of Education before license will be issued.
You may use the electronic fingerprinting option available from Miami's Police Services Center, Rt. 73 (4945 Oxford Trenton Road), 529-2222.

Final Semester before Graduation:

1. Apply for Graduation
Information available in Room 112, Campus Avenue Building, 529-8724 or www.units.muohio.edu/reg
Apply the first few weeks of your last semester
Application dates are noted on your degree audit report (DAR)
 - Complete graduation application and pay graduation fee
2. Office of Career Services Registration
Information available in 241 Hoyt Hall, 529-3831.
 - Register for on-campus interviewing and referral
Visit web site at <http://www.muohio.edu/careers>
Obtain and follow "Employment Guide for Teacher Candidates"
3. Apply for Teacher License
Application forms are available on line at: www.ode.state.oh.us
(at this screen click on educator licensure, then click on educator licensure applications, then choose initial license - program completed in Ohio)
 - Complete 2 Year Initial Provisional License application
AND
 - Return completed two year application and check for \$80.00 payable to "Treasurer State of Ohio"**
to: Student Services, School of Education, Health, and Society, 202 McGuffey Hall, Miami University, Oxford, OH 45056, (513-529-6421).
Your application will be on file in our office and will be forwarded to the Ohio Department of Education for processing once your degree is awarded by the Office of the Registrar. The license will be mailed to you directly from the Ohio Department of Education. (Allow at least two to three weeks.) You can check the status of your license application and fingerprints on their web site at: <http://www.ode.state.oh.us>
If you have any questions regarding your license, you can reach the Office of Licensure at (614) 466-3593.
4. Print DAR (Degree Audit Report)
At the end of your final semester before graduation, print a copy of your DAR.
Once you graduate your DAR will no longer be available.
The DAR provides your major hours, major gpa, etc. which you may need for job applications.