

BS in Athletic Training and BS in Kinesiology and Health

Exploring KNH Matrix: Take a minimum of nine (9) KNH credit hours OUTSIDE of student's concentration at multiple course levels. Excludes KNH 110, 112, 116, 120, 130, 140, 150, 171, 402. Kinesiology also excludes the Engagement courses of KNH 177, 277, 377, 477, 420 and 340U.

II KNH Electives (9 credit)		100 level	200 level	300 level	400 level	
Athletic Training						
Health Promotion						
Kinesiology						
Nutrition						
Sport Studies						
III Knowledges (variable credits)		ATHLETIC TRAINING MAJOR	HEALTH PROMOTION MAJOR	KINESIOLOGY MAJOR	NUTRITION MAJOR	SPORT STUDIES MAJOR
<b>KEY</b>		<b>Take ALL of the following:</b>	<b>Take ALL of the following:</b>	<b>Take ALL of the following:</b>	<b>Take ALL of the following courses:</b>	<b>NOTICE: Exploring KNH Matrix does not apply to this major</b>
<b>Instructions</b>		KNH 102 Fund'ls of Nutrition (3)	KNH 205 Understanding Drugs for the HP Prof (3)	CHM 141 College Chem AND CHM 144 Lab (3/2)	CHM 141 College Chemistry AND CHM 144 Lab (3/2)	<b>KNH CORE</b>
<b>NTR TRACK</b>		KNH 182 Intro to Athletic Training (2) {Fall}	KNH 206: AIDS: Etiology, Prevalence & Prev. (3)	CHM 142 College Chem AND CHM 145 Lab (3/2)	CHM 142 College Chemistry AND CHM 145 Lab (3/2)	<b>Take Four (4) courses:</b>
<b>RD TRACK</b>		KNH 183 Foundations of Athletic Training AND KNH 183 Lab (3/1) {Spring}	KNH 242 Personal Health (3)	PHY 171 Col. Physics AND PHY 173 Lab (3/1) {Fall}	CHM 231 Fundamentals of Organic Chemistry (4 [3 Lec/ 1 Lab]) {Fall}	KNH 102 Fundamentals of Nutrition (3)
		KNH 188 Phys Activity & Health (3)	KNH 362 Health Promotion Fdtns (3)	PSY 111 Intro to Psy (4)	CHM 332 Outlines of Biochemistry (4) {Spring}	KNH 184 Motor Skill Learning & Performance AND KNH 184 Lab (3/1)
		KNH 242 Personal Health (3)	KNH 462 Health Promo Program Plan & Eval (3)	STA 261 Statistics (4)	KNH 102 Fundamentals of Nutrition (3)	KNH 274 Critical Perspectives on the Body (3) OR KNH 276 The Meaning of Leisure (3)
		KNH 244 Functional Anat AND KNH 244 Lab (3/1)	MBI 131 Community Health Perspectives (2)	ZOO 161 Principals of Human Physiology (4)	KNH 103 Intro to the Profession of Dietetics (2)	KNH 274 Critical Perspectives on the Body (3) OR KNH 276 The Meaning of Leisure (3)
		KNH 244 Functional Anat AND KNH 244 Lab (3/1)	STA 261 Statistics (4)	KNH 184 Motor Skill Learning & Performance AND KNH 184 Lab (3/1)	KNH 213 Global & Community Nutrition (3) {Spring}	KNH 188 Phys Activity & Health (3) OR KNH 242 Personal Health (3)
		KNH 285 Eval/Assess H/N/T AND Lab (2/1) {Fall}	<b>Take Four (4) courses:</b>	KNH 188 Phys Activity & Health (3)	KNH 304 Advanced Nutrition (3) {Fall}	KNH 188 Phys Activity & Health (3) OR KNH 242 Personal Health (3)
		KNH 286.A Practicum in Athletic Training I (1)	FSW 261 Diverse Family Sys Across Life Cycle (3)	KNH 188 Phys Activity & Health (3)	MBI 111 Microorganisms & Human Disease (3)	<b>MAJOR REQUIREMENTS</b>
		KNH 286.B Practicum in Athletic Training II (1)	KNH 243 Women's Health Care; Prob & Prac (3)	KNH 244 Functional Anat AND KNH 244 Lab (3/1)	PSY 111 Intro to Psy (4) OR EDP 101 Psy of the Learner (3)	<b>Take ALL of the following:</b>
		KNH 286.C Practicum in Athletic Training III (1)	KNH 329 Psychological Perspect's on Health (3)	KNH 381 Biodynamics of Human Performance AND KNH 381 Lab (3/1)	STA 261 Statistics (4)	KNH 244 Functional Anat AND KNH 244 Lab (3/1)
		KNH 286.D Practicum in Athletic Training IV (1)	KNH 385 Contemp Issues in Men's Health (3)	KNH 382 Fitness Asses & Exercise Prescription (4)	ZOO 161 Principals of Human Physiology (4)	KNH 274 Critical Perspect on the Body (3)
		KNH 286.E Practicum in Athletic Training V (1)	KNH 386 HP for Minority Populations (3)	<b>CHOOSE A CONCENTRATION</b>	<b>COMMUNITY NUTRITION (non-RD)</b>	KNH 276 The Meaning of Leisure (3)
		KNH 286.F Practicum in Athletic Training VI (1)	KNH 415 Health Education for Children & Youth (3)	KNH 468 Physiology & Biophysics of Human Activity AND KNH 468 Lab (3/1)	<b>DIETETICS (RD Track)</b>	KNH 375 Psy Perspectives in Sport & Exercise (3)
		KNH 287 Eval/Asses of AI Ext AND Lab (2/1) {Spring}	KNH 420 Internship(3-8)	<b>ENGAGEMENT: Take a minimum of 1 credit hour:</b>	<b>Take Two (2) courses:</b>	KNH 378 Sport, Power & Inequality (3)
		KNH 288 Therapeutic Modalities (3) {Fall}	KNH 432 Nutrition Across the Life Span (3)	ATH 448 Dev. Solutions in Global Health (3)	KNH 104 Intro to Food Science & Meal Mgmt (4)	KNH 381 Biodynamics of Human Performance AND KNH 381 Lab (3/1)
		KNH 289 Therapeutic Exercise (3) {Spring}	KNH 453 Health Seminar (1-4)	FSW 261 Diverse Family Sys Across Life Cycle (3)	KNH 203 Nutrition & Disease Prev Mgmt (3)	KNH 381 Biodynamics of Human Performance AND KNH 381 Lab (3/1)
		KNH 381 Biodynamics of Human Performance AND KNH 381 Lab (3/1)	KNH 473 Children and Youth in Sport (3)	KNH 203 Nutrition & Disease Prev Mgmt (3)	KNH 303 Food Systems Mgmt (3) {Fall}	KNH 473 Children & Youth in Sport (3)
		KNH 383 Operat & Admin Aspects of AT (2) {Fall}	NSG 441 Health & Aging: Current Persp & Issues (3)	KNH 242 Personal Health (3)	KNH 403 Prof Practices in Dietetics (3) {Fall}	ZOO 161 Principals of Human Physiology (4)
		KNH 420.A AT Field Exp (1-4) {elective}	PSY 231 Developmental Psychology (3)	KNH 340U (Summer Scholar)	KNH 404 Advanced Food Science (4)	<b>Take Four (4) courses:</b>
		KNH 468 Physiology & Biophysics of Human Activity AND KNH 468 Lab (3/1)	PSY 332 Child Develop. (3) OR FSW 281 Child Develop. in Diverse Families (4)	<b>RELATED COURSES IN KINESIOLOGY AREA: Take Six (6) Hours that are not used in the Exploring KNH Matrix:</b>	KNH 409 Nutr for Sport & Fitness (3) {Spring}	BSW/KNH 279 African Americans In Sport (3)
		KNH 484 Sports Inj Path & Emerg Proc (2) {Spring}	PSY 333 Adolescent Develop (3) OR FSW 481 Adolescent Develop in Diverse Families (3)	KNH 102 Fund'ls of Nutrition (3)	KNH 432 Nutrition Across the Life Span (3)	KNH 292 Dance, Culture & Contexts (3)
		<b>Take Three (3) courses:</b>	PSY 334 Adulthood & Aging (3)	KNH 274 Critical Perspect on the Body (3)	KNH 462 Health Promo Program Plan & Eval (3)	KNH 453 Special Topics in Sport Leadership (3)
		PSY 111 Intro to Psy (4) OR EDP 201 Hum. Dev. & Learning in Edu Setting (3)	ZOO 161 Principals of Human Physiology (4)	KNH 276 The Meaning of Leisure (3)	PSY 231 Developmental Psychology (3)	KNH 471 Sport, Leisure & Aging (3)
		STA 261 Statistics (4)		KNH 288 Therapeutic Modalities (3) {Fall}	KNH 409 Nutr for Sport & Fitness (3) {Spring}	KNH 472 Sport in Schools & Colleges (3)
		ZOO 161 Principals of Human Physiology (4)		KNH 289 Therapeutic Exercise (3) {Spring}	KNH 432 Nutrition Across the Life Span (3)	KNH 475 Women, Gender Relations & Sport (4)
				KNH 329 Psychological Perspect's on Health (3)	KNH 411 Medical Nutr Therapy I (3) {Fall}	
				KNH 375 Psy Perspectives in Sport & Exercise (3)	KNH 413 Medical Nutr Therapy II (3) {Spring}	
				KNH 378 Sport, Power & Inequality (3)	KNH 420.G Field Experience: Dietetics	
				KNH 409 Nutr for Sport & Fitness (3) {Spring}	KNH 432 Nutrition Across the Life Span (3)	
				KNH 482 Exercise Mgmt of Chronic Disease (3)	ECO 201 Principles of Microeconomics (3)	
				KNH 484 Sports Inj Path & Emerg Proc (2) {Spring}	ECO 202 Principles of Macroeconomics (3)	
					ECO 332 Health Economics (3)	
					ESP 201 Intro to Entrepreneurship (3)	
					KNH 468 Physiology & Biophysics of Human Activity AND KNH 468 Lab (3/1)	
					KNH 482 Exercise Mgmt of Chronic Disease (3)	
					MBI 131 Community Health Perspectives (2)	
					MGT 111 Introduction to Business (3)	
					MGT 291 Intro to Mgt & Leadership (3)	
					MGT 303 Human Resource Mgmt (3)	